

MEMBERSHIP BULLETIN

Sept 2016

This membership bulletin from your newly elected Chairman of **Friends of Yoga** is an introduction to the new Executive Committee Members and Administration Officers elected at the AGM on 17 September.

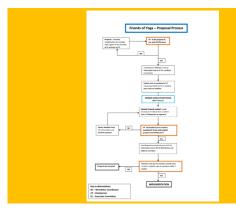
At the end of a very successful AGM I was elected as Chair, Nancy Driver as Treasurer and Sarah Swan as Membership Officer. Christine Clist has done a sterling job of adding her role of Membership Officer over the last two years to her role of Secretary, which she has done for over eight years. I know she is beyond delighted to hand over the membership role to Sarah. Aimee Newton continues as Training and Standards Officer. Lucy Barlow stood down as Chairman and took on the role of Social Media Co-ordinator. Along with the retiring Treasurer Julie Birbeck. I would like to thank them for their immense hard work during their time in office.



AGM 2016 Reading

As newly elected Chair my primary aim is, with the support of the Executive Committee, to steer **Friends of Yoga** forward and in the right direction and to communicate by way of these bulletins the work that is underway by the Executive Committee.

At the AGM the communication proposal flow chart, set up by our Training and Standard's Officer **Aimee Newton**, was formally adopted and will be posted on the website for all members to look at. In short this allows any member who has a valued idea within The Constitution of **Friends of Yoga** to send the idea through the proposal process for implementation with the support of a member of the Executive Committee.



Friends of Yoga has some very talented members in other professions other than teaching yoga and this is a great idea for the members to get involved and effect improvement and change. The initial proposal of donation only CPD days, one per region subsidized by funds, which was piloted in the south in the summer by Aimee and Lucy and another in the north on 8 October has already started to make its way through the proposal process. See proposal here

Zoe Smart and Rosanna Meyer are organizing the London yoga show this year on 21-23 October. Free ticket here! (or via Friends of Yoga website).

There is a request on the website for volunteers to man Friends of Yoga's stand in one hour slots to give the 'core representatives' a break. Please let Zoe or Rosanna know of your wish to help.



The role of Area Officers in the South East (covering Essex, Hertfordshire, Kent, London and Middlesex) and The Midlands (covering Buckinghamshire, Leicestershire, Northamptonshire and Oxfordshire) have become available. If any members would like to know more about these important roles with Friends of Yoga please contact **Aimee Newton**, Training and Standards Officer – training.fryog@gmail.com

At the moment I am still wearing my hat as Diploma Board Officer and I am pleased to say that our training continues to grow. I have had a volunteer to be Diploma Board Officer to sit on the Executive Committee and take over some of the admin of this increasing role. As this role was not formally voted on at the AGM I am offering it out to other members should they wish to put their name forward. If no one else comes forward by 21 October then the post will be filled by the volunteer.

Thank you for your time in reading through this membership bulletin. Between now and the next Executive Committee meeting on 6 November the newly elected officers will be settling into their roles. I will be in touch soon after that meeting by way of another membership bulletin to keep you informed of our work.

Best Wishes Maggie Brocklehurst Chairman Friends of Yoga

Keep in-touch online: www.friendsofyoga.co.uk



