

## HOW TO APPLY FOR CNHC VERIFICATION

In order to apply for verification, you must have a yoga therapy qualification that is listed on the CNHC website [here](#).

If you do not have an appropriate qualification, but still wish to apply for CNHC membership on the basis of prior experience and other appropriate qualifications, you will have to complete a portfolio application form which you will find on the CNHC website [here](#). FRYOG cannot assist you with this, but guidance about the National Occupational Standards for yoga therapy can be found on the British Council for Yoga Therapy website [here](#).

**If you have an appropriate qualification there are different processes depending on whether you are a member of FRYOG.**

### **IF YOU ARE NOT A FRYOG MEMBER**

Complete the [Request to Register Non-Members form](#), which is on the FRYOG website (click on the CNHC logo to find it) and email it with:

- a) a copy of your Yoga Therapy Certificate
- b) and your current insurance policy
- c) then pay the administration fee of £15 by bank transfer to:  
FRYOG at Cooperative bank  
Account Number: 65312678  
Sort Code: 08-92-99  
Reference CNHC Fee

Then send all the documents to Sarah Swan:

Either by email: [sarah@swan-yoga.co.uk](mailto:sarah@swan-yoga.co.uk)

Or by post to: 7 Weavers Way Twyford, Berkshire, RG10 9GX.

You can also pay the fee by cheque, if you prefer, in which case please enclose it with the rest of your documents when you send them to Sarah.

As soon as FRYOG has provided your details to CNHC, you will be sent an automated email from the CNHC inviting you to complete your registration and pay the **CNHC** registration fee online.

### **IF YOU ARE A FRYOG MEMBER**

Complete the [Request to Register FRYOG form](#) which is on the FRYOG website (click on the CNHC logo to find it) and email it with a copy of your Yoga Therapy Certificate and your current insurance policy to Sarah Swan at:

[sarah@swan-yoga.co.uk](mailto:sarah@swan-yoga.co.uk)

Alternatively you can send it by post to Sarah at 7 Weavers Way Twyford, Berkshire, RG10 9GX.

As soon as FRYOG has provided your details to CNHC you will be sent an automated email from the CNHC inviting you to complete your registration and pay the **CNHC** registration fee online.